



JAMES GRAY
GROUP

5 TIPS FOR WOMEN IN CONSTRUCTION

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1

BUILD CONFIDENCE

There is a considerable confidence gap between men and women. Women are more likely to underestimate their abilities despite all evidence that they are overqualified and overprepared. Developing confidence in your skills and knowledge will help build self-belief in the value that women bring to a team.

2

SET BOUNDARIES

You can't do everything at once. Learn to delegate and prioritize. Don't become a "yes woman" as you'll end up taking on too many tasks.....and that helps no-one. If you are feeling overwhelmed with your workload you must communicate this. People will respect you more for it and better value your time.

3

SEE CHALLENGES AS OPPORTUNITIES

Women account for just 10 percent of the construction industry. It can be daunting to break down barriers and enter a male-dominated industry. However as a female in construction there are opportunities to pave the way for future women in the Industry.

4

INVITE OPPORTUNITY

"If opportunity doesn't knock build a door" ~ Milton Berle

Life rarely goes to plan, so don't be afraid to walk through unexpected doors when they open. You will not grow in your career if you are not challenged. Take risks. You might find that those unexpected paths lead to success.

5

BE YOURSELF

Be genuine to your character, values and beliefs. Don't pretend to be anything you are not. In fact, people are much more likely to trust and respect you when you are true to yourself instead of wearing some sort of mask.